

Felt Flower Journal Cover

By: Dori Troutman



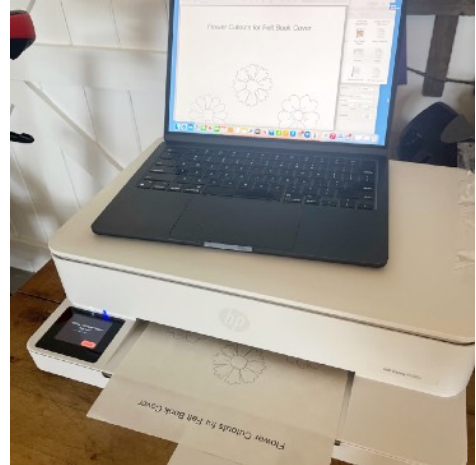
Supplies

- Felt of varying sizes and colors
- Thermoweb Pressing Paper
- Thermoweb HeatnBond EZ-Print sheet
- Fabric Marking Pen
- Embroidery Thread
- Embroidery Needle
- Scissors, small and sharp ones are best
- Flower Pattern
- Other Embellishments... buttons, lace, etc.
- Tutorial
- Iron



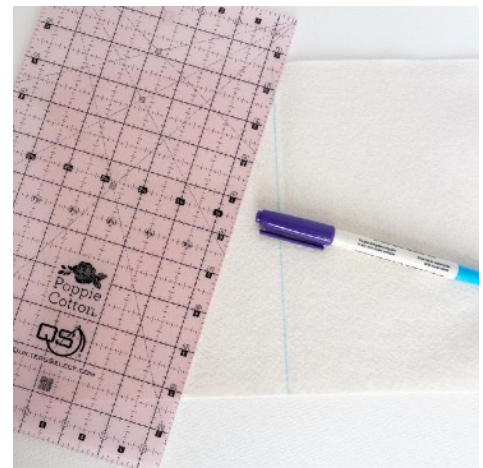
Instructions

Step One: Download the PDF Flower Felt pattern that I sketched out with large and small flowers. Or you can sketch out your own. Print the document to an EZ-Print sheet. Make sure that your flowers print to the PAPER side of the sheet (not the interfacing side).



Step Two: Choose the felt piece that you want to use for your journal cover. Open your journal and lay it flat. Measure it and add 1/2" inch to each side and top and cut your felt to that size. My journal measured 8 inches tall by 11.5 inches wide, so I cut my felt to 8.5 x 12 inches.

At this stage I also measured and marked the mid point (where the book spine will be) so that it makes it easier for positioning flowers. I used a fabric marking pen, you could simply fold it in half using the fold line at your mark.





Step Three: Now you will cut two felt pieces for the interior side of the cover. When sewn to the outer cover, it will create a sleeve for your binder cover to slip into. I chose to cut my inside sleeves 8.5 x 4 inches.

Step Four: Roughly cut your individual flowers from the EZ-Print sheet. Just cut them out into circles for now. Choose the different colors of felt that you want to use for your flowers and roughly cut that as well.

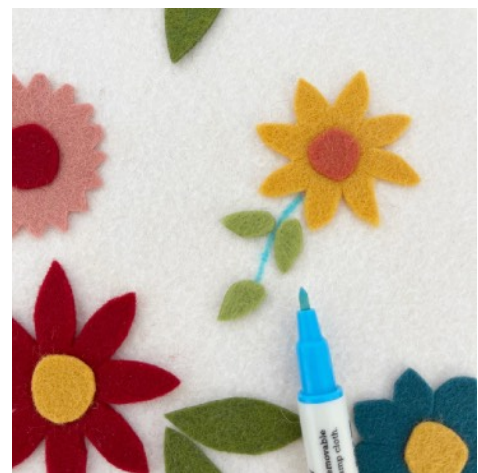


Step Five: Once you've decided on your felt and flower choices, lay the EZ-Print pattern (interfacing against the felt). Place Pressing Paper on top and place your iron on top of the paper. Press until adhered. Repeat with all your pattern and felt pieces. (You can also add leaves, flower centers etc... by drawing them on the EZ-Print paper and adhering them to felt as well.)

Step Six: Use your small sharp scissors to carefully cut around each flower, leaf and center piece. Remove the paper backing.



Step Seven: Now it's time for the fun part! Lay your journal cover flat and lay out your flower design, interfacing side facing down. You can move the flowers around until you are satisfied with your design! Once I had everything where I wanted it, I used a fabric marking pen to draw a few vines to attach my leaves to. I also drew a line down the center where I planned to add a piece of ribbon for the spine of the book.



Step Eight: Once you have all the felt pieces where you'd like, carefully place a Pressing Sheet on top and iron to adhere them in place. This will take a little time to attach them, so hold your iron in place before moving to the next area.



Step Nine: Time to do the fun embroidery! I used matching embroidery thread to embellish each flower and to attach each center piece. This adds dimension and makes it very pretty! I also embroidered the vines as well. Don't be intimidated if you have never done embroidery before. This is a great way to learn and I used mostly a back stitch, chain stitch and blanket stitch for everything and you can find all the tutorials you need on YouTube!

Step Ten: Use embroidery thread and the buttonhole stitch (or even a back stitch would work fine!) and attach the the inside cover pieces to create the sleeves to hold the journal. Continue all the way around the edge of the journal cover (attaching the inside back cover as well).





Your darling Flower Felt Journal Cover is complete!

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