

Spring Flower Art

By: Dori Troutman



Supplies

- Flower Art Printable
- Thermoweb Pressing Paper
- HeatnBond FeatherLite EZ-Print Iron On Adhesive Sheet
- iCraft Memory Tape Runner
- Fabric Scraps (six different fabrics)
- White Fabric Scrap (at least 8" x 10")
- Iron
- Embroidery Thread and Needle
- Cardstock
- Hangable frame with 5" x 7" opening



Instructions

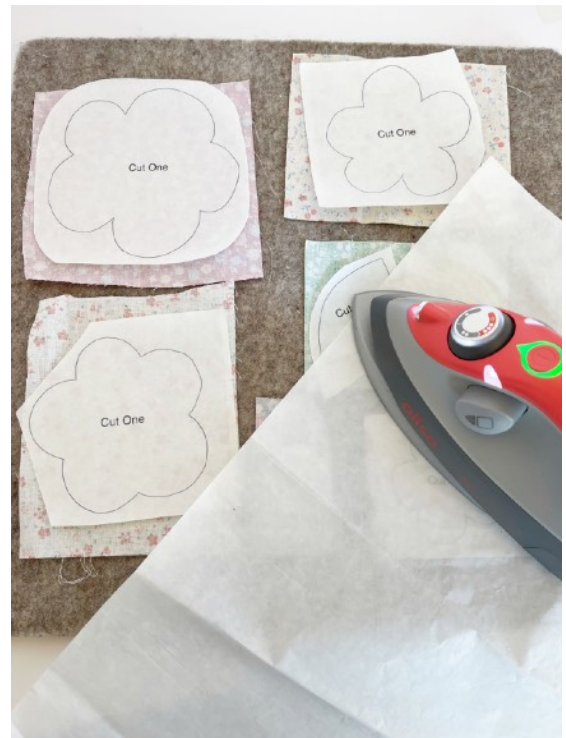
Step One: Download the Flower Art Printable to your computer or phone. Place a sheet of HeatnBond FeatherLite EZ-Print Iron On into your printer, just as you would a piece of paper. Make sure it is turned so that your printer prints to the paper side of the IronOn, not to the adhesive side. I've never had any problems with it running through my printer perfectly. So hopefully it'll be the same for you!





Step Two: Roughly cut each pattern piece from the EZ Print. You do NOT need to cut them out along the pattern edge yet!

Step Three: Look at your fabric scraps and determine which part of the flower you want to go with each fabric scrap. Once you've decided, place your adhesive pattern to the back of the fabric (adhesive side to the fabric) and iron it in place using pressing paper.



Step Four: Using sharp scissors, trim around the pattern piece.



Step Five: Remove the paper backing from each piece. You might need to use the tip of your scissors to tear the paper so you can easily remove it. Just be careful not to pierce the fabric.

Step Six: Prepare your large white fabric piece by ironing it until it is very smooth. Center the largest flower and the two leaves on the background fabric. Use pressing paper to iron in place. (I just eye-balled the fabric to find the center.)



Step Seven: Before adding the other flowers and the center piece, you will need to embroidery a running stitch along the edge of each flower and leaf. Its a simple thing to do a running stitch... thread your embroidery needle with embroidery thread, knot the end and simply sew along the edge! I like to go a little distance from the edge, but not too far because you don't want the remaining flower pieces to completely cover your stitching. (You can use an embroidery hoop for this step, but I never do!)



Step Eight: Once you have completed the embroidery on the first flower and leaves, iron on the next flower, embroidery that in place and then continue with the next two flowers and the center piece.

Step Nine: Take your frame and measure the opening to confirm that the size is 5" x 7". Cut a piece of cardstock the exact size of the frame opening.

Lay your art on top of the cardstock and carefully flip the whole things over so you are working on the back of the cardstock. Adhere iCraft Memory Tape along the edges of the cardstock and fold the fabric over, pressing in place with your fingers.



Step Ten: Place your artwork into the frame and put the back of the frame together to hold it all in place!

Hang it where you can see it daily and enjoy the taste of spring that brings to you!



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