

Inflorescence Designs





Quilt Block Food Wrap

SIZE: 6 1/2" square

Pattern and tutorial designed by Julia Schweri for **Thermoweb**

www.inflorescencedesigns.com



Supplies



Supplies:

12" Quilt block--this is a great project to use any orphan quilt block lying around

12 1/2" Lining Fabric

Thermoweb Iron on Vinyl: 12"

Binding

Basic sewing notions

Sew on Velcro: (2) 1 1/2" pairs

Oliso Iron

Ruler, Cutting Mat and Rotary Cutter









Quilt Block Sandwich Wrap

Step 1:

If needed, trim your quilt block to 12" square. Cut out remaining materials. Adhere the iron on vinyl to the right side of the lining piece. Use the paper backing or parchment paper when pressing. Press for 8 seconds on medium heat till the entire surface is completed.



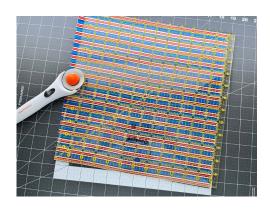
Step 2:

Flip the lining piece over and press for an additional 4 seconds on the back side.



Step 3:

Trim the lining piece down to 12" square.



Step 4:

Pin the quilt block and lining pieces wrong sides together.



Step 5:

Bind the food wrap using your preferred method.

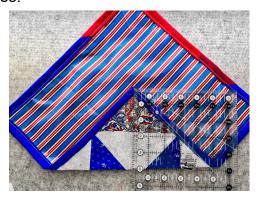


2.

Quilt Block Sandwich Wrap

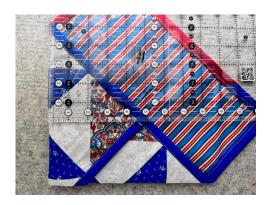
Step 6:

With the vinyl facing up, fold up one corner 5 inches.



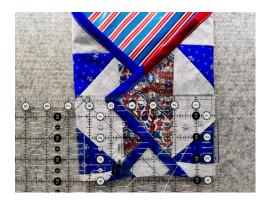
Step 7:

Fold over one side 5 inches.



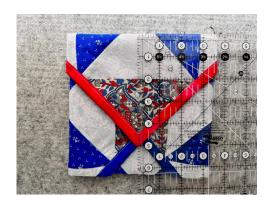
Step 8:

Fold over other side 5 inches.



Step 9:

Fold the top down 5 inches and finger press the folds.



Step 10:

Stitch the sew on Velcro. Use the photo below for placement.



Step 11:

Sew on the remaining Velcro. Use the photo below for placement. FINISHED!

