

SWEET BERRIES

A PATTERN BY STEPHANIE CUNNYNGHAM



SKILL LEVEL:
BEGINNER

SWEET BERRIES

@SISSYBELLESEWS

#SWEETBERRIESMINIQUILT

#SISSYBELLESEWSPATTERN

PATTERN NOTES

Sweet berries is a mini quilt featuring simple traditional piecing, Dresden block making, and raw-edge applique. It's a great beginner project, especially for practicing multiple techniques in one project. The pattern features products by ThermOWeb including Spray n Bond basting spray, and Heat n Bond Lite for applique. A picture tutorial can be found at <https://blog.thermoweb.com/>.

GENERAL INFORMATION

- Seam allowance is 1/4" throughout
- WOF: width of fabric; assumed to be 42"
- Applique pieces are for raw-edge applique and do not include a seam allowance.

FABRIC REQUIREMENTS

- 21" square of fabric for the background
- 1/4 yard fabric for border
- 1/4 yard fabric for binding
- 27" square of backing fabric
- 12" circle for center of Dresden plate
- 26" square of batting
- 6" square scraps of various fabrics for the Dresden blades
- Scraps of fabric in red, green, and brown for the strawberry applique

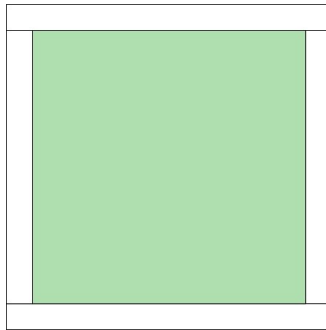
OTHER SUPPLIES

- Spray n Bond basting spray
- 1 package of Heat n Bond lightweight fusible interfacing
- 1 package of Heat n Bond Lite iron-on adhesive
- 5" tumbler block template

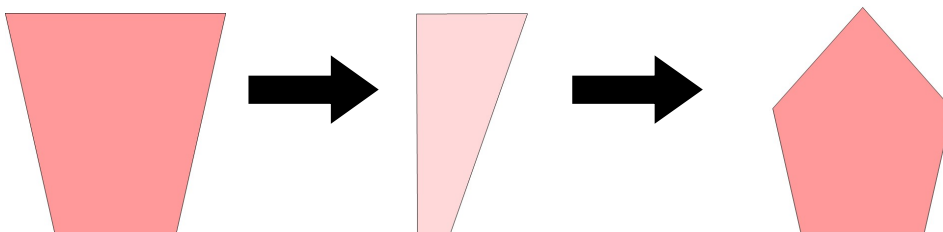
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SEWING INSTRUCTIONS

- From the border fabric, cut three $2\frac{1}{2}$ " x WOF strips. Subcut into two $2\frac{1}{2}$ " x 21" strips and two $2\frac{1}{2}$ " x 25" strips. Sew the $2\frac{1}{2}$ " x 21" strips to the sides of the 21" square of background fabric. Sew the $2\frac{1}{2}$ " x 25" strips to the top and bottom of the background square.



- Layer the quilt top, batting, and backing fabric. Quilt as desired.
- Prepare the Dresden blades.
 - Using your tumbler block template, cut 14 tumbler blocks from the red and pink fabric squares.
 - Fold each tumbler in half, right sides together. Stitch along top edge.
 - Turn each blade right side out and press.
 - See diagrams below for help.



- After all 14 blades are made, sew them together in a circle. Press seams in the one direction.
- Place the completed Dresden place in the center of the quilt top. Machine or hand stitch in place.

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- Prepare the applique.
 - Trace strawberry applique shapes on the paper side of the Heat n Bond Lite iron on adhesive.
 - Cut the shapes from the paper, but do not cut on the drawn lines. Generously cut around the drawn lines.
 - Iron each shape on to the back side of the corresponding fabric piece.
 - For example, iron the leaf shapes on the back of the green fabric.
 - Once the shape is fused on, cut the shape along the drawn line.
- Peel the paper backing from the applique shapes. Arrange them in the center of the 12" circle fabric. Iron in place, then stitch around the edges of the applique pieces to secure.
- Cut a 12" circle from the Heat n Bond lightweight fusible interfacing. Place the fabric circle right sides together with the bumpy side of the interfacing. Sew all the way around the edge of the circles.
- Cut a small slit in the center of the interfacing, and turn the circle right side out through the opening.
- Place the circle in the center of the Dresden plate and sew in place.
- To make the binding, cut three 2 1/2" x WOF strips from the binding fabric. Sew the strips together, fold in half right sides together, and attach binding.



Thank you so much for choosing to invest your time and resources into making a quilt with a pattern by Sissy Belle Sews. Please share your work for all to enjoy!

@sissybellesews

#sweetberriesminiquilt

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