



No Worms Allowed Pot Holder

Oversized potholder for large dishes

Finished size: 14" x 14"



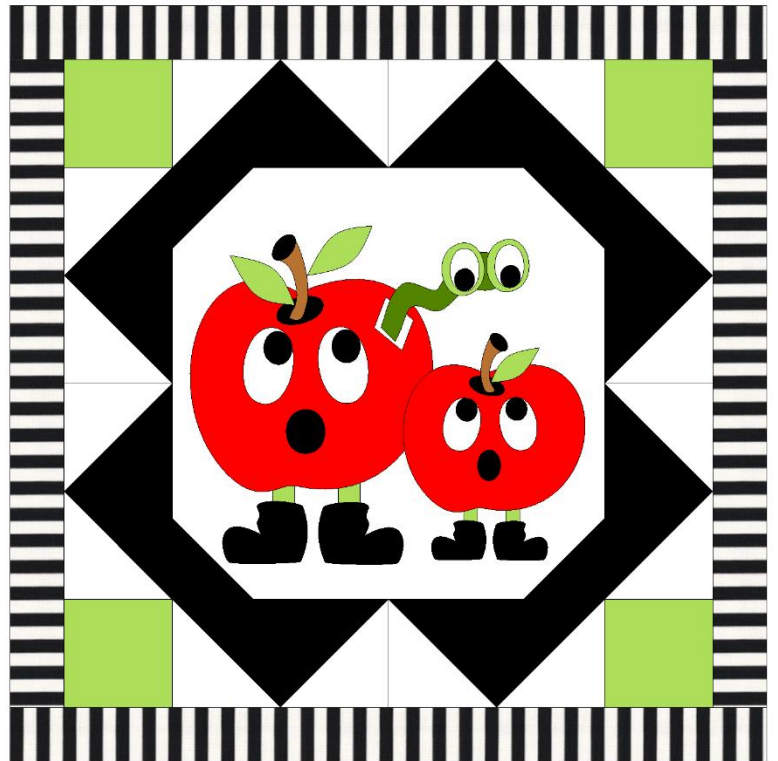
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<http://justletmequilt.com> - sewswift6@gmail.com

Supplies needed:

Therm O Web EZ Print Lite Sheets
Therm O Web Spray n Bond Basting Adhesive
Heat n Bond Fusible Interfacing
Aurifil Thread
Oliso Purple Iron
Cotton fabric
Cotton batting

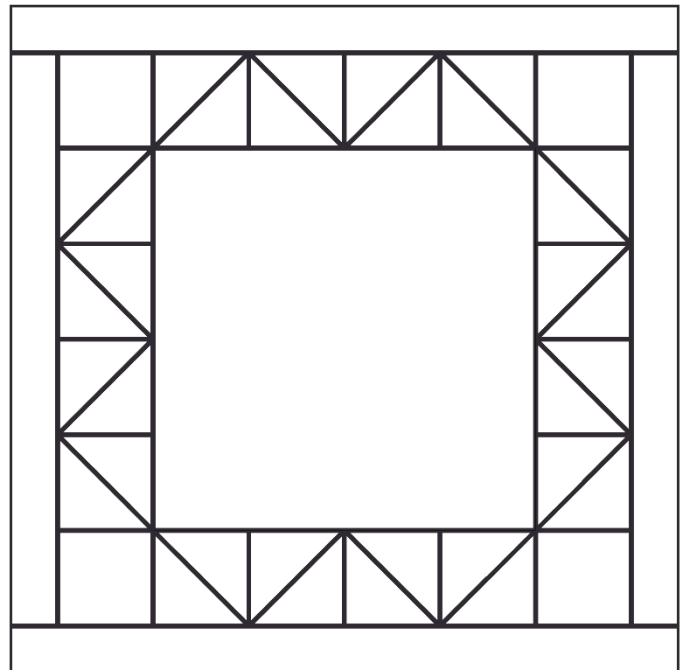
Fabric needed:

2 black fat quarters
2 white fat quarters
1 green fat quarter
1 brown fat quarter
1 red fat quarter
1 striped fat quarter
1/6 yard black fabric (binding)



Cutting instructions:

Cut 1 - $8\frac{1}{2}$ " x $8\frac{1}{2}$ " white rectangle, center block
Cut 4 - 3" x 3" black squares, center block corners
Cut 8 - 3" x 3" white squares, Border A
Cut 8 - 3" x 3" black squares, Border A
Cut 4 - $2\frac{1}{2}$ " x $2\frac{1}{2}$ " green squares, Border A corners
Cut 2 - $1\frac{1}{2}$ " x $12\frac{1}{2}$ " striped strip, Border B
Cut 2 - $1\frac{1}{2}$ " x $14\frac{1}{2}$ " striped strip, Border B
Cut 2 - $2\frac{1}{2}$ " x 42" black strips, binding
Cut 1 - $14\frac{1}{2}$ " x $14\frac{1}{2}$ " black rectangle, backing
Cut 2 - $14\frac{1}{2}$ " x $14\frac{1}{2}$ " rectangles, batting



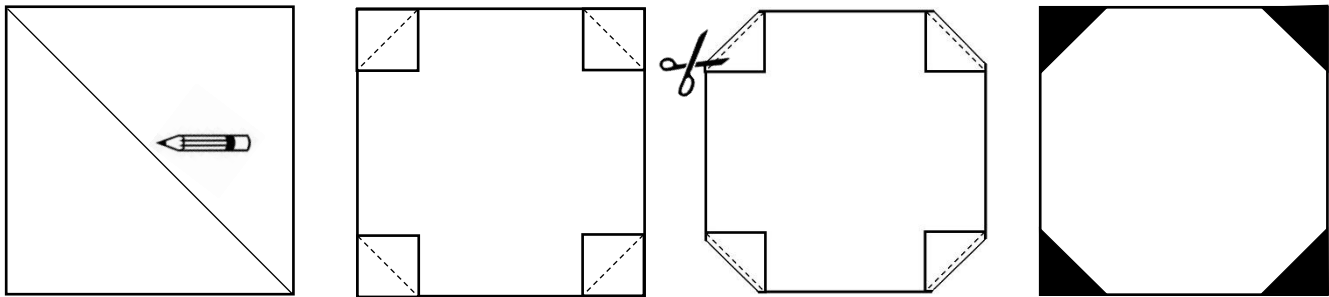
Sewing/Applique Instructions: All seams are sewn 1/4".

Step 1: Prepare the applique patterns following applique instructions below:

Applique with printable Heat n Bond EZ Print Lite sheets: Using your inkjet printer, print out applique pattern pieces using Heat n Bond EZ Print Lite sheets. Load one sheet at a time into the paper tray. Sheet should be placed so printing is on the smooth side of the paper. Print quality at the normal setting and for plain paper. Allow 5-10 seconds for ink to dry.

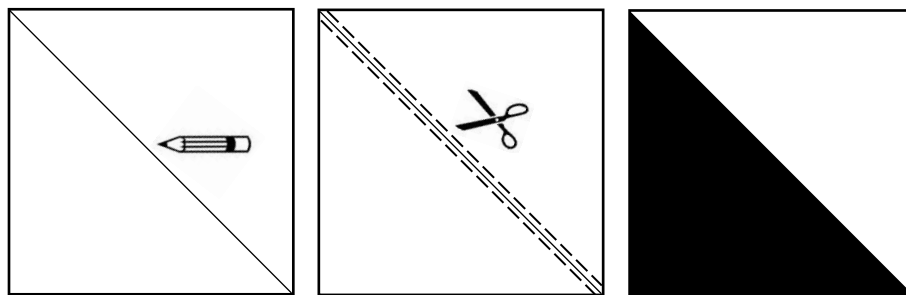
Step 2: Iron adhesive pieces to wrong sides of fabrics following manufacturer's directions. Let cool. Cut out applique pieces. *Ironing Heat n Bond Fusible Interfacing to the back of an applique block can help keep the threads from showing through fabric and make stitching small pieces easier.

Step 3: Draw a diagonal line on wrong side of 3" x 3" black squares. Place one square in each corner of center block, wrong sides together. Sew on drawn line. Trim 1/4" from edge and press open.

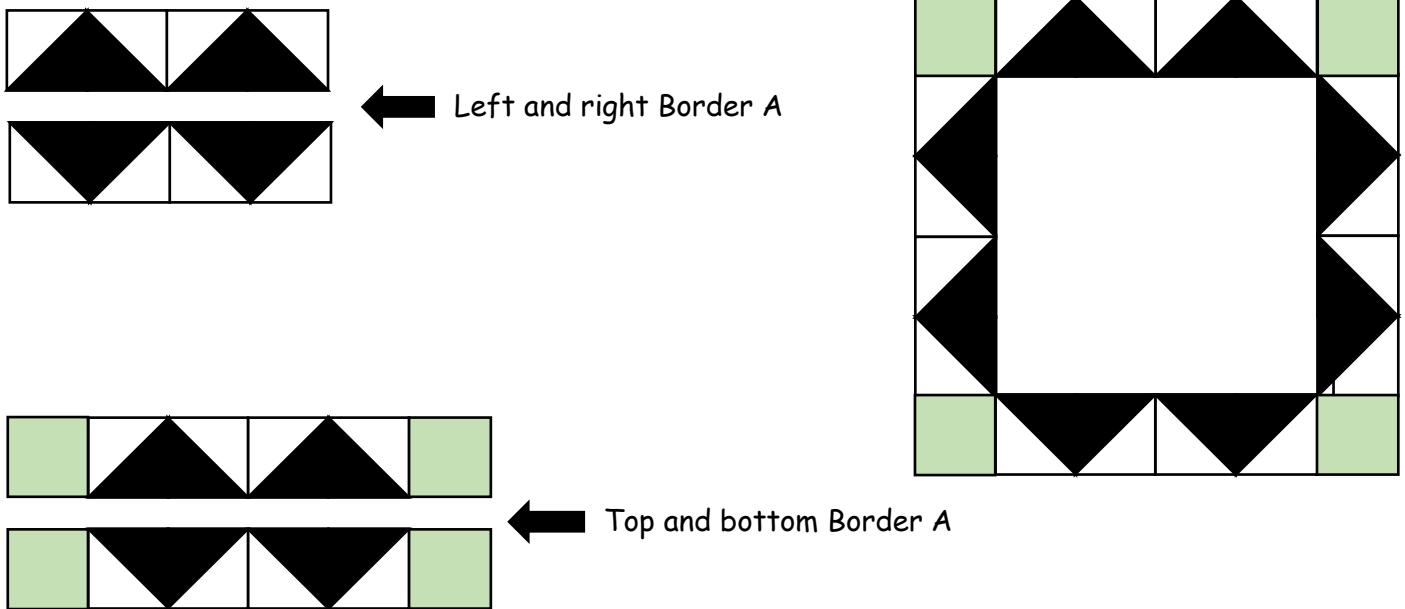


Step 4: Peel off paper liner from the backs of applique pieces. Place applique, adhesive side down, on right side of fabric. Press each section following manufacturer's directions until entire piece is bonded. Let cool. Sew around edges using a straight, zig-zag, or blanket stitch.

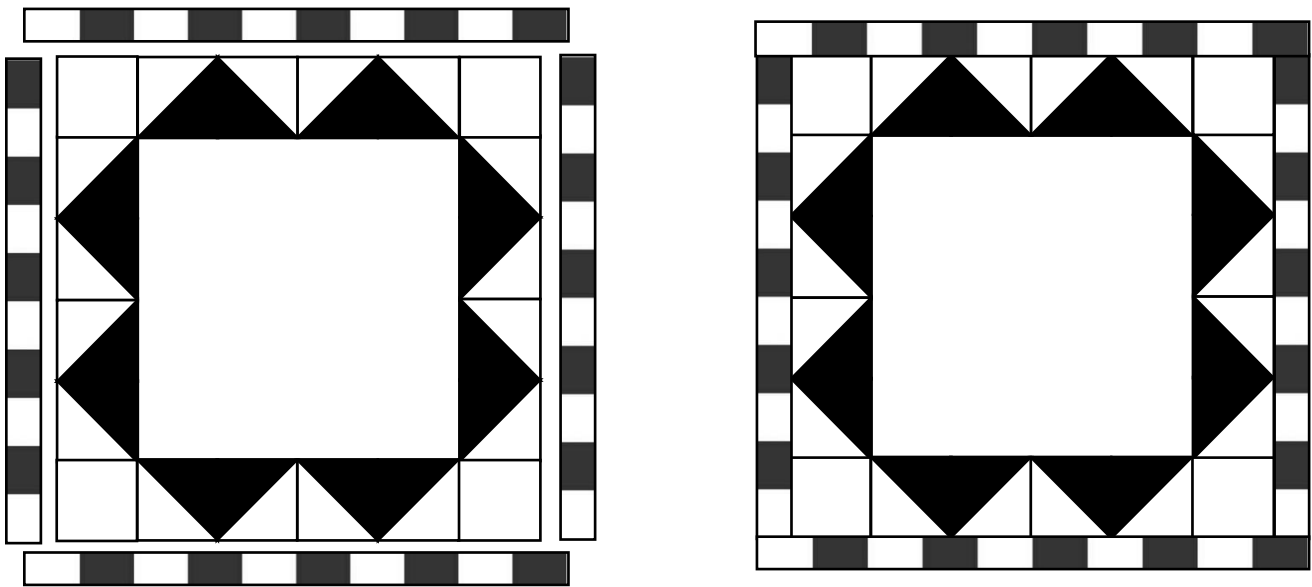
Step 5: Border A - To make half square triangles, draw a line diagonally across the wrong side of eight 3" x 3" white squares. With a white and black square, right sides together, sew 1/4" on each side of the drawn line. Cut on drawn line. Open and press seam to side. Repeat with all 3" x 3" squares. Trim each to 2 1/2" x 2 1/2" square.



Step 6: Border A - Sew half square triangles and $2\frac{1}{2}$ " x $2\frac{1}{2}$ " green squares together as shown below. Sew strips to left and right of center block. Press seams towards border. Sew strips with $2\frac{1}{2}$ " x $2\frac{1}{2}$ " squares on ends to the top and bottom of center block, matching seams. Press seams towards borders.



Step 7: Border B - Sew $1\frac{1}{2}$ " x $12\frac{1}{2}$ " strips to left and right sides of Border A. Press seams towards Border B. Sew $1\frac{1}{2}$ " x $14\frac{1}{2}$ " strips to top and bottom of Border A. Press seams towards Border B.



Step 8: Place two layers of batting between wrong sides of top and backing. Secure layers by spraying between each layer with Therm O Web Spray n Bond Basting Adhesive. Quilt as desired and add binding using your favorite method.

*Designs have been reversed

