

Just Let Me Quilt

Patterns by Carol Swift

Valentine Paper Pieced Treat Pouches



Pocket in the back is great for
candy or gift cards

Finished bag: 6" x 6"

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<http://justletmequilt.com> - sewswift6@gmail.com

Supplies:

Heat n Bond Ultrahold Adhesive, No-Sew
Stitch n Sew EZ Quilt Block Sheets
Oliso Iron
Aurifil Thread
1/4" ruler for paper piecing
A small iron or roller (for the seams)
A piece of cardstock or bookmark
Rotary cutter
Fabric
Rice or beans for filling

Get your paper piecing tools together:



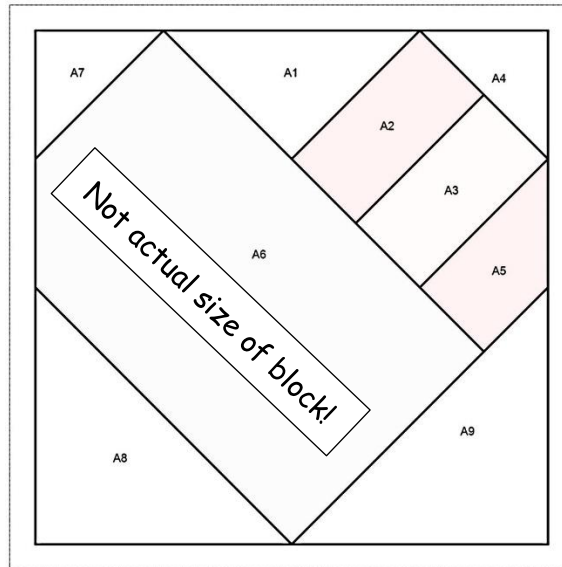
Cutting Instructions for one bag:

Cut 1 - $6\frac{1}{2}$ " x $6\frac{1}{2}$ " fabric square, backing
Cut 1 - $6\frac{1}{2}$ " x $8\frac{1}{2}$ " fabric rectangle, pocket

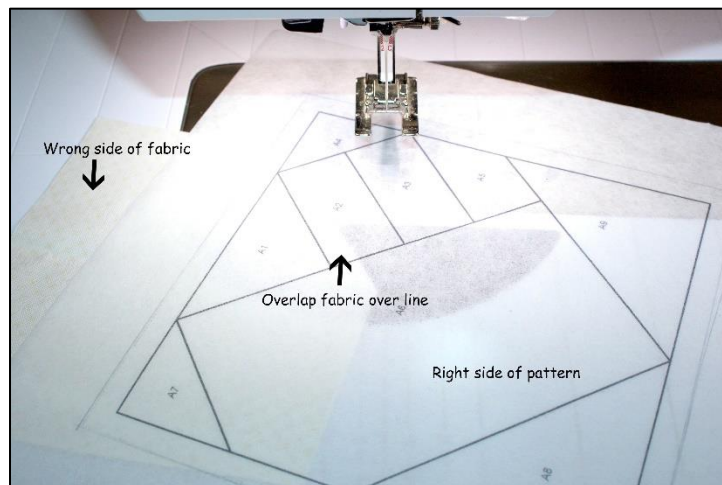
Step 1: Print pattern onto Stitch n Sew EZ Print Quilt Block Sheets using an inkjet printer. The sheets are 100% polyester, transparent, easy to print and tear, and they are washable. Printers vary so make sure your pattern pieces print out at the correct size. Pattern has a 1/4" seam allowance around it; do not cut that off!

Step 2: Use your favorite method of paper piecing to assemble block or follow the directions below.

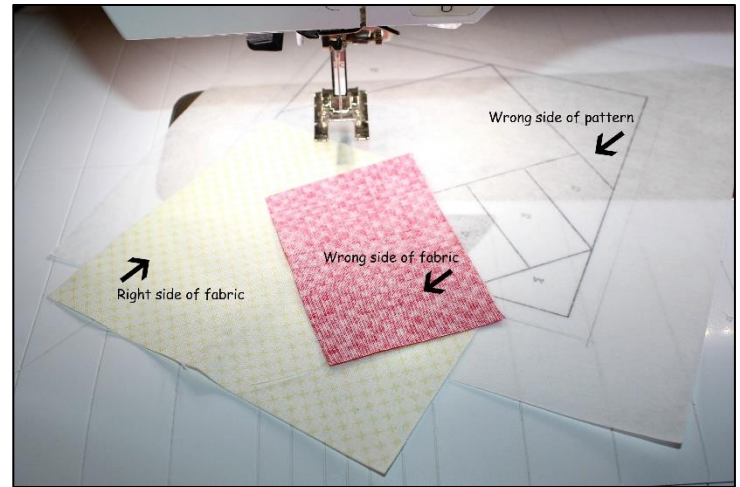
A. Each pattern makes one block. The block gets sewn in the order of the numbers on the block. Set your sewing stitch to very small to make tearing off block sheets easier. You'll be sewing on the lines on the right side of the paper piece pattern and flipping the pattern back and forth to sew on lines, press, and to trim using the 1/4" ruler. Fabrics will be placed on the wrong side of the pattern. Make sure your fabric always overlaps each numbered piece by at least 1/4" around all edges. If you are new to paper piecing, there are several online tutorials and videos available for paper piecing methods.



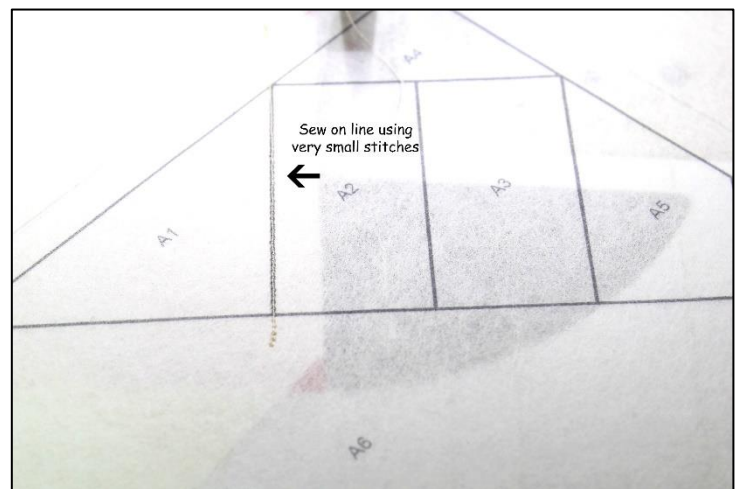
B. Place fabric for #1 with wrong side of fabric to the wrong side of pattern. Make sure fabric overlaps line by about 1/4". Holding pattern up to a light helps to make sure the fabric covers the section completely.



C. On the wrong side of the pattern, place fabric for #2 right sides together with fabric #1 making sure it is large enough to cover section #2 and both overlap line between #1 and #2. Pin in place if desired.



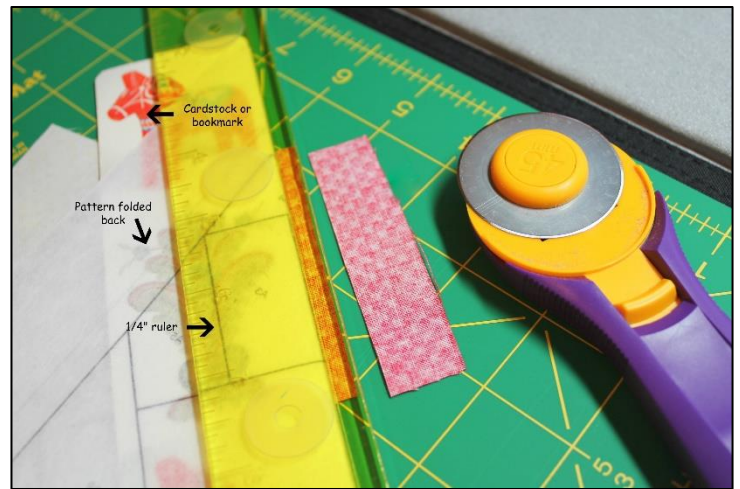
D. With pattern right side up, sew on the line between #1 and #2 beginning and ending just before and beyond the lines.



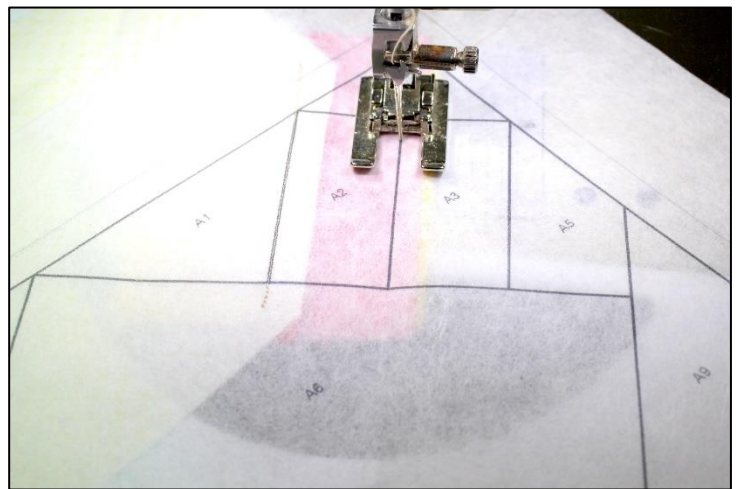
E. Flip over to wrong side of pattern (fabric right side up) and press fabric along seam.



F. With right side of pattern facing up place cardstock or bookmark along the line between #2 and #3. Fold pattern back along line. Place 1/4" ruler along fold line and bookmark; cut leaving 1/4" of fabric.



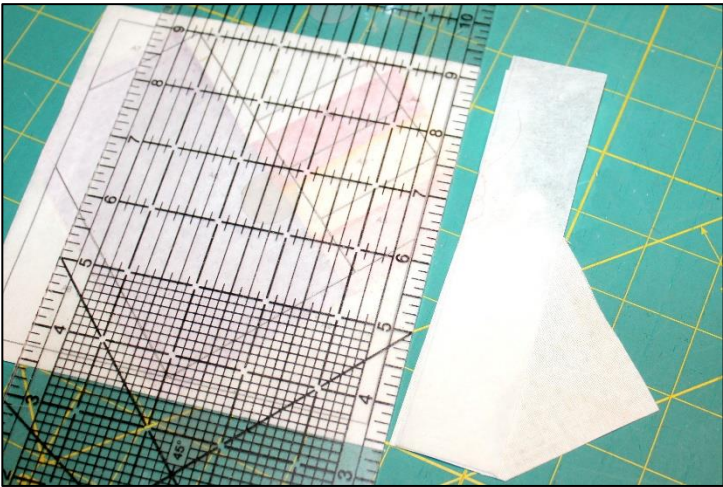
G. Continue adding fabric to each number in order, flipping over to sew, flipping back to press, and trimming.



H. After adding all the sections, flip to right side and press using a large iron.



I. Normally at this point you would remove the EZ Quilt Block Sheet from the back of the paper pieced block being careful not to pull on seams, but for the bean bags you can leave it on if you want to. Use the pattern's outside seam line to trim block to $6\frac{1}{2}$ " x $6\frac{1}{2}$ " including seam allowance.



Step 3: Optional lettering - You **DO NOT** need to sew Heat n Bond Ultrahold Adhesive...it will gum up your needle. Just iron in place following the directions below and you are done. It's very strong!

Trace applique designs on the smooth side of Heat n Bond Ultrahold Adhesive, No-Sew.



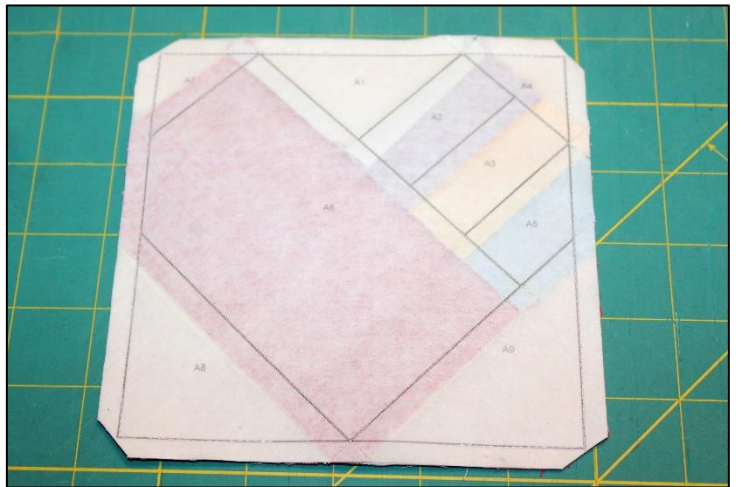
Iron adhesive pieces to wrong sides of fabrics with a medium heat iron, no steam. Press for 2 seconds. Repeat until all surfaces have been bonded to fabric. Let cool. Cut out applique pieces. Peel off paper liner. Place applique shape, adhesive side down, on top of project. Press and hold iron for 6 seconds on each section until entire piece is bonded. Let cool.



Step 4: Fold $5\frac{1}{2}$ " x $8\frac{1}{2}$ " fabric rectangle in half and press on fold. Line up lower raw edges of pocket with lower edge of $5\frac{1}{2}$ " x $5\frac{1}{2}$ " fabric square. Baste raw edges of pocket to fabric square, leaving fold open.



Step 5: With right sides together, sew front to back around all edges using a $\frac{1}{4}$ " seam, leaving a 3" opening at the bottom. Clip corners.



Step 6: Turn bag inside out. Push corners out to create points. Press.



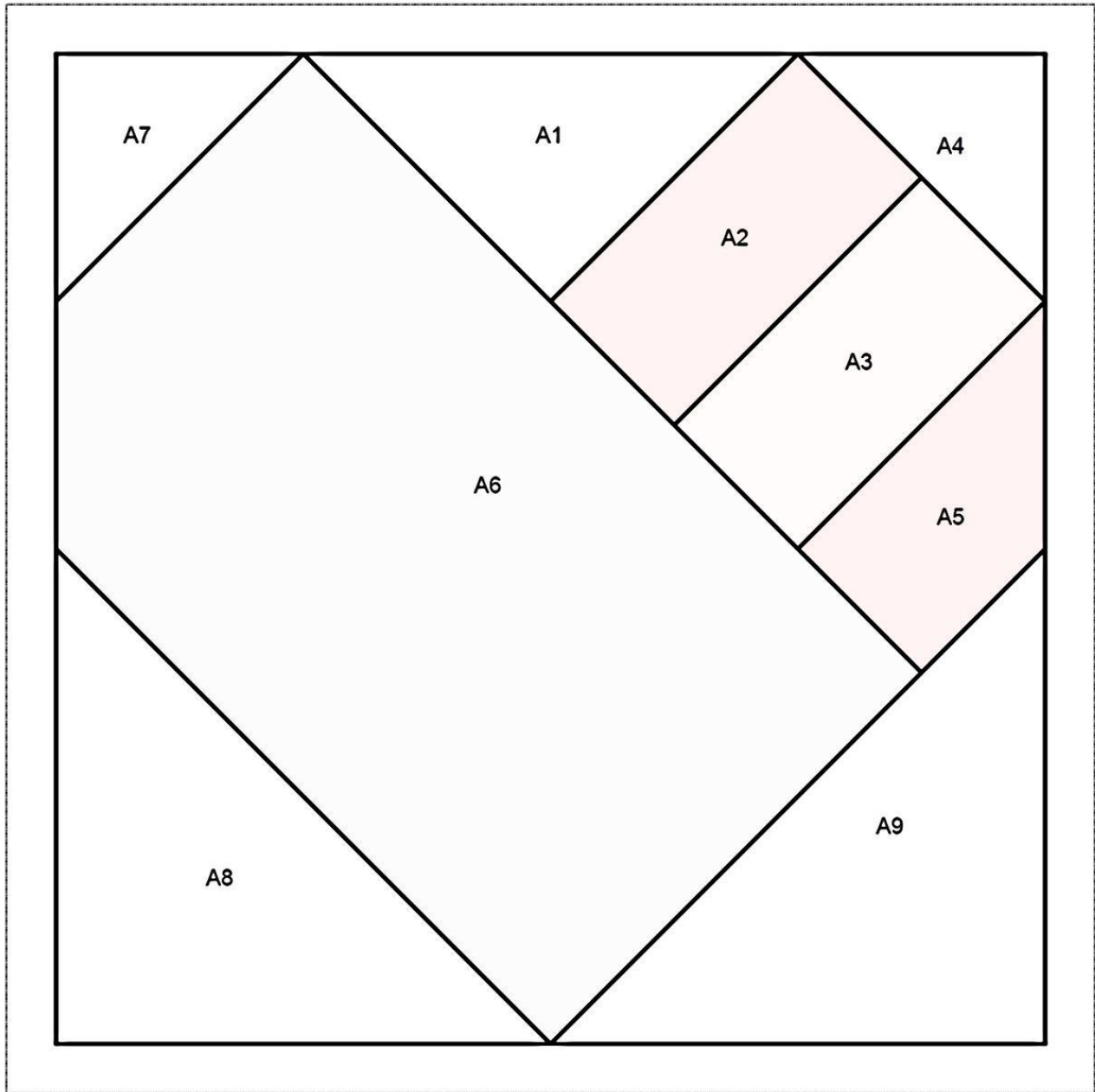
Step 7: Fill bag with $1\frac{1}{2}$ cup of dry pinto beans using a funnel or roll a paper into a cone to create a funnel. Slipstitch opening closed.



Step 8: Slip some candy, toy, or other treats in the back pocket.



Heart - 6" paper pieced heart with 1/4" border



Optional Lettering - 1" (adjust size as desired)

Lettering has been reversed for correct placement on heart

Kisses

Hands

LOVE