

Just Let Me Quilt

Pattern by Carol Swift

Super Dooper Boo Crew Wall hanging/table topper



Finished size: 31" x 31"

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<http://justletmequilt.com> - sewswift6@gmail.com

Supplies:

Heat n Bond Lite, Iron-on Adhesive
Or Heat n Bond EZ Print Lite sheets
Heat n Bond Fleece Fusible High Loft
Therm O Web Spray n Bond Basting Adhesive
Iron
Fabric

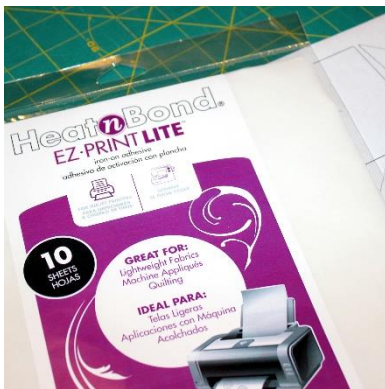
Cutting instructions:

Cut 1 - $15\frac{1}{2}$ " x $15\frac{1}{2}$ " square for center block
Cut 2 - 3" x $15\frac{1}{2}$ " strips for left and right Border A
Cut 2 - 3" x $20\frac{1}{2}$ " strips for top and bottom Border A
Cut 2 - $1\frac{1}{2}$ " x $20\frac{1}{2}$ " strips for left and right Border B
Cut 2 - $1\frac{1}{2}$ " x $22\frac{1}{2}$ " strips for top and bottom Border B
Cut 2 - 3" x $22\frac{1}{2}$ " strips for left and right Border C
Cut 2 - 3" x $27\frac{1}{2}$ " strips for top and bottom Border C
Cut 2 - $2\frac{1}{2}$ " x $27\frac{1}{2}$ " strips for left and right Border D
Cut 2 - $2\frac{1}{2}$ " x $31\frac{1}{2}$ " strips for top and bottom Border D
Cut 1 - Fabric for quilt backing

Sewing instructions:

Step 1: Prepare the applique patterns following either of the applique instructions below:

- A. **Applique with printable Heat n Bond EZ Print Lite sheets:** Using your inkjet printer, print out applique pattern pieces using Heat n Bond EZ Print Lite sheets. Load one sheet at a time into the paper tray. Sheet should be placed so printing is on the smooth side of the paper. Print quality at the normal setting and for plain paper. Allow 5-10 seconds for ink to dry.
- B. **Applique with Heat n Bond Lite:** Trace applique designs on the smooth side of Heat n Bond Lite.



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Step 2: Iron adhesive pieces to wrong sides of fabrics with a medium heat iron, no steam. Press for 2 seconds. Repeat until all surfaces have been bonded to fabric. Let cool. Cut out applique pieces. Peel off paper liner.

Step 3: Place applique shapes, adhesive side down, on top of 15½" x 15½" center fabric. Press and hold iron for 6 seconds on each section until entire piece is bonded. Let cool.

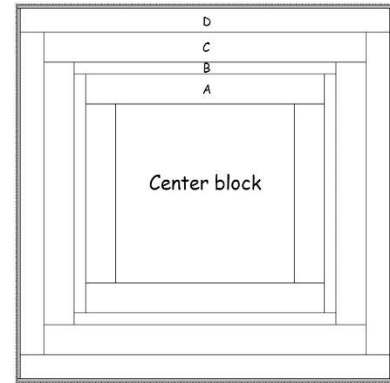


Step 4: Sew around edges using a straight, zig-zag, or blanket stitch.



Step 5: Sew borders to center block in the order below:

- Border A - Sew 3" x 15½" strips to left and right
- Border A - Sew 3" x 20½" strips to top and bottom
- Border B - Sew 1½" x 20½" strips to left and right
- Border B - Sew 1½" x 22½" strips to top and bottom
- Border C Sew 3" x 22½" strips to left and right
- Border C Sew 3" x 27½" strips to top and bottom
- Border D Sew 2½" x 27½" strips to left and right
- Border D Sew 2½" x 31½" strips to top and bottom



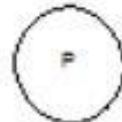
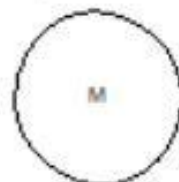
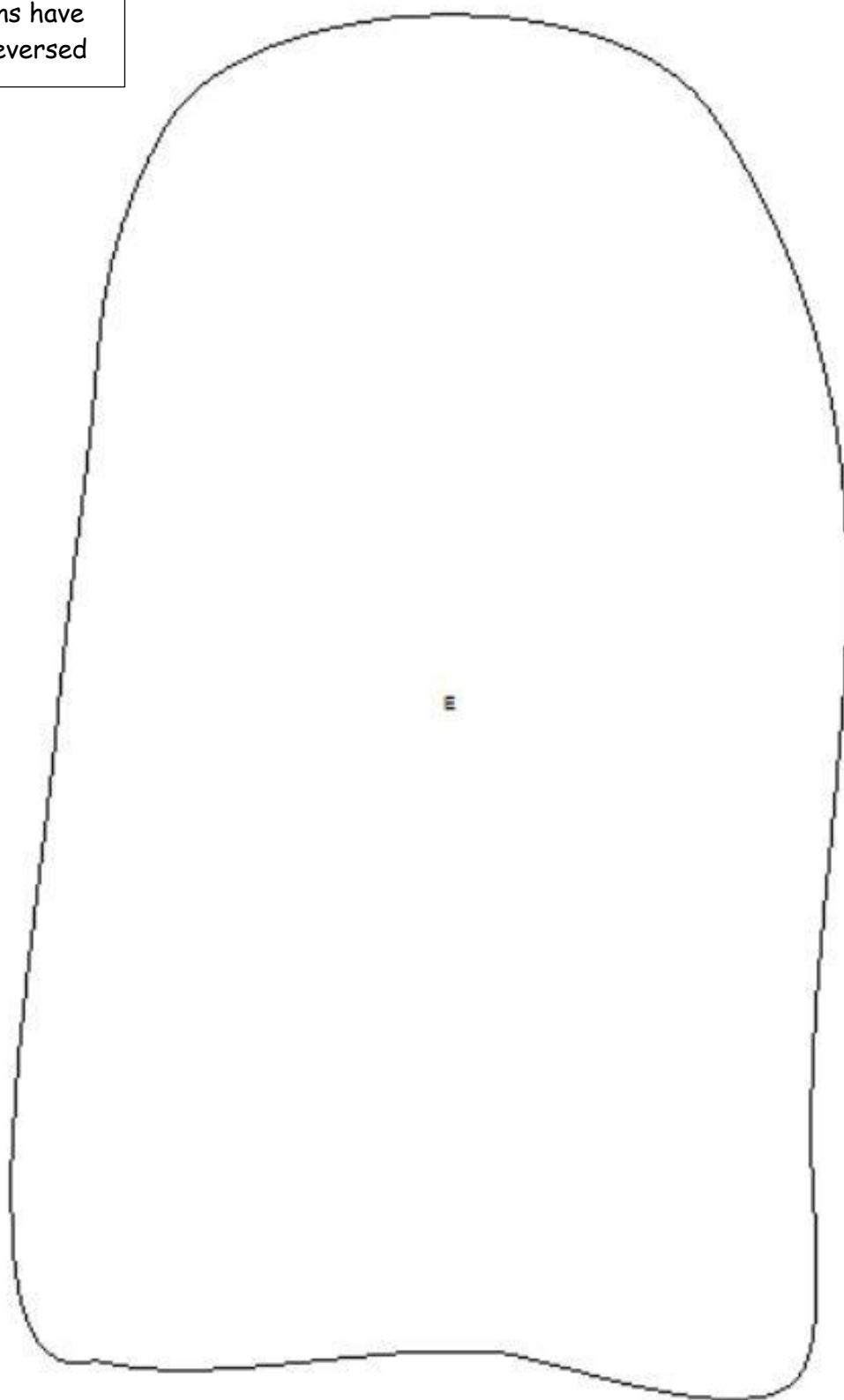
Step 6: Cut fusible interfacing to fit quilt backing. Pre-heat iron to wool (medium heat) setting with steam. Place the rough side of the interfacing onto the back (wrong side) of the quilt back. Cover with a light, dry pressing cloth. Press and hold iron with medium pressure for 10-15 seconds. Repeat by lifting iron to new area and pressing, slightly overlapping previous area until entire surface is bonded. Let cool. If more ironing is needed iron an additional 5 seconds from front of the project.

Step 7: Protect the area where you will be working by placing an old sheet or paper under and around the area you'll be spraying. Place the quilt back with interfacing face down on working surface. Using the Spray N Bond Adhesive, spray about 6-8 inches across the interfacing from one edge to the other. Place the wrong side of quilt back front over the sprayed surface. Smooth fabric to ensure it adheres to the sprayed fabric. Continue this method of spraying and smoothing just 6-8 inches at a time until you reach the bottom of the quilt. Check for creases or folds. Trim edges and square-up quilt.

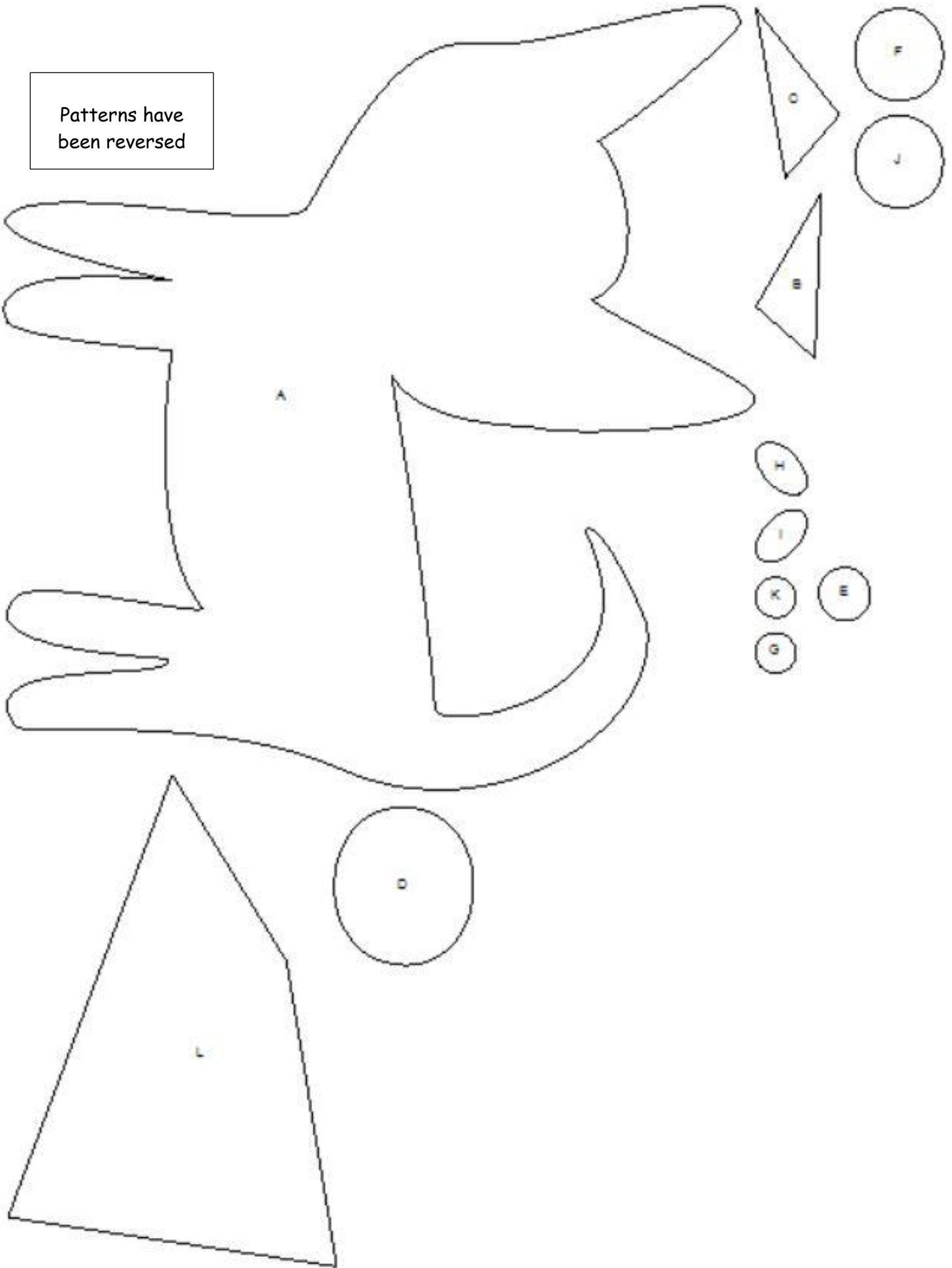
Step 8: Quilt and add binding as desired.



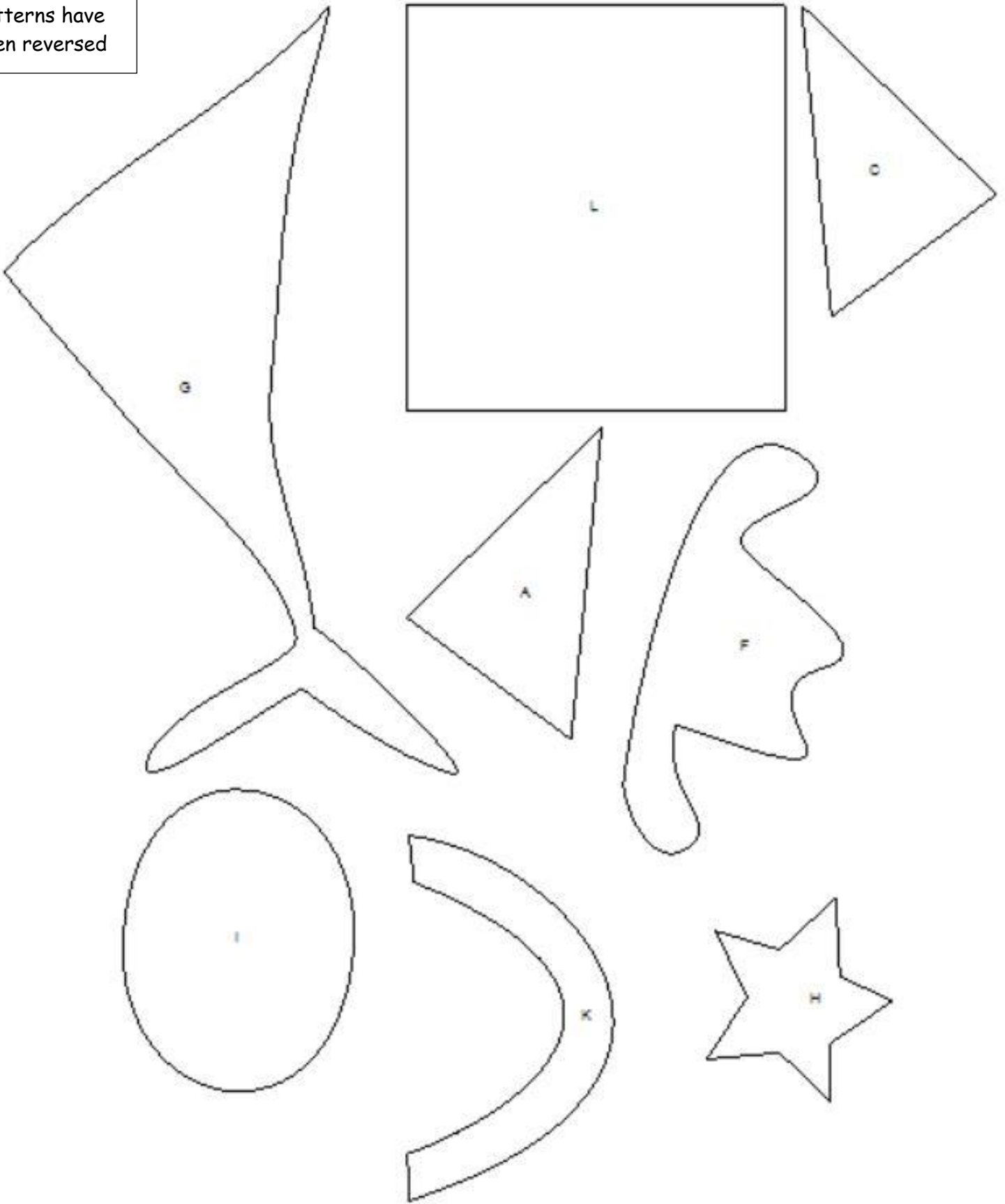
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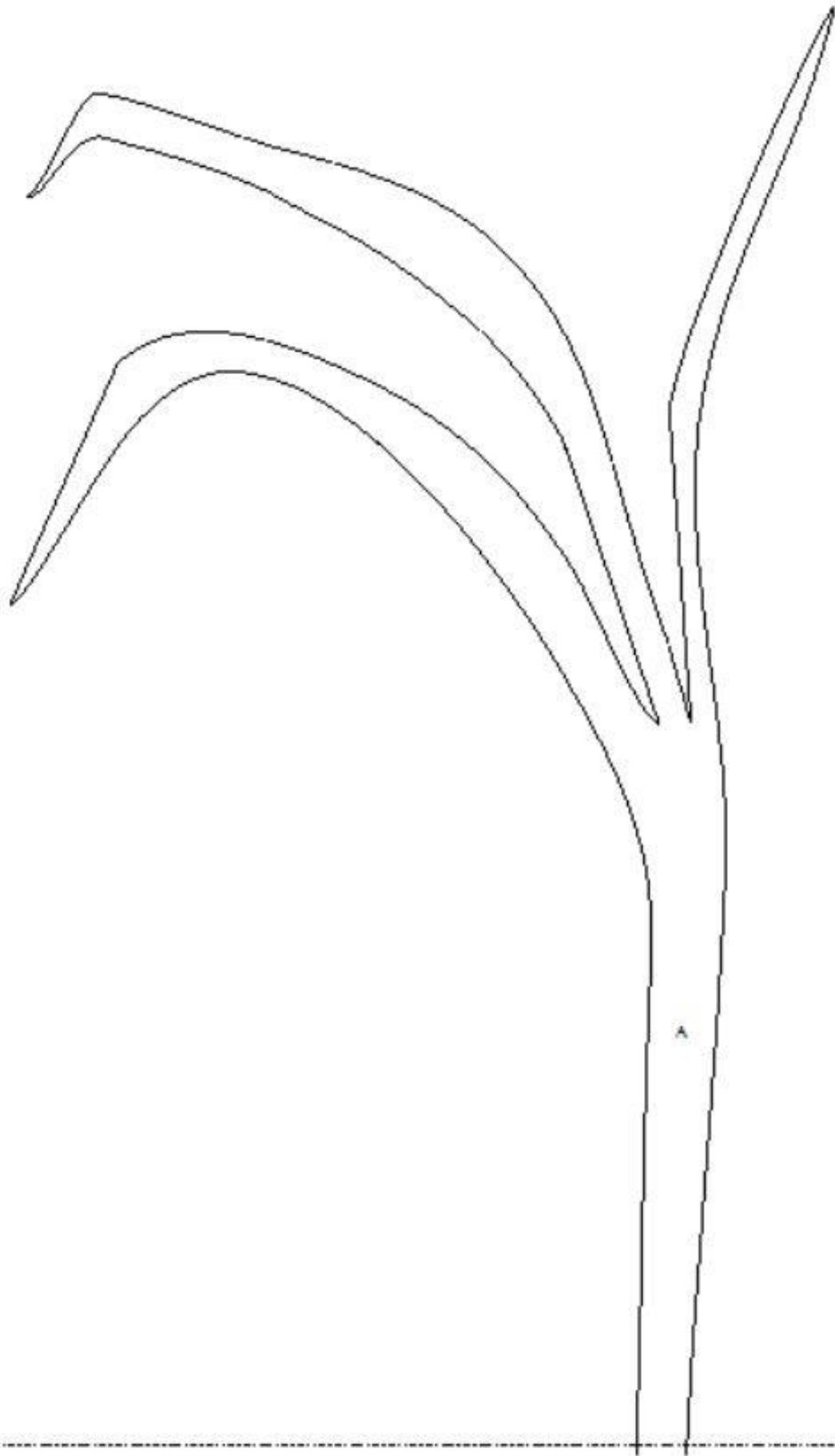
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