



## Flowers in a Vase






Finished size: 33" x 42"




## What you'll need:

Therm O Web Stitch N Sew Fleece Sew-In High Loft Interfacing/Batting  
Spray N Bond Basting Adhesive  
iCraft® Deco Foil™ sheets  
iCraft® Deco Foil™ Hot Melt Adhesive  
iCraft® Deco Foil™ Liquid Adhesive (optional)  
Iron or laminating machine  
Fabric



## Fabric Yardage:

 2 yards (includes quilt back)  
 1 yard  
 1 yard



## Fabric Cutting Instructions:

 Cut 3 for quilt center -  $7\frac{1}{2}'' \times 30\frac{1}{2}''$   
 Cut 4 for binding -  $2\frac{1}{2}'' \times$  WOF (cut of selvages)  
 Cut 1 for quilt back -  $36'' \times 45''$  (this is a little larger than quilt front)



### Border A:

 Cut 2 -  $2\frac{1}{2}'' \times 30\frac{1}{2}''$   
 Cut 2 -  $2\frac{1}{2}'' \times 25\frac{1}{2}''$

### Border B:

 Cut 2 -  $2'' \times 34\frac{1}{2}''$   
 Cut 2 -  $2'' \times 28\frac{1}{2}''$

### Border C:

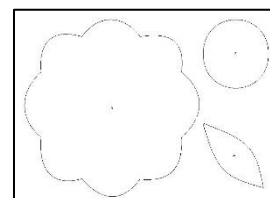
 Cut 2 -  $3'' \times 37\frac{1}{2}''$   
 Cut 2 -  $3'' \times 33\frac{1}{2}''$

## Sewing Instructions (sew all seams $\frac{1}{4}''$ wide):

**Step 1:** Applique flowers and iCraft® Deco Foil™ vase to each  $7\frac{1}{2}'' \times 30\frac{1}{2}''$  fabric strip. (Fabric leaves will go on later.)

## Fabric Applique Instructions:

Using your inkjet printer, print out applique pattern pieces with Heat N Bond EZ Print Lite sheets, or trace designs on iron-on adhesive of your choice. Follow the manufacturer's directions to iron adhesive pieces to wrong sides of desired fabrics. Let cool. Cut out applique pieces. Iron pieces to right side of fabric following manufacturer's directions. Blanket stitch or zig zag around all pieces.



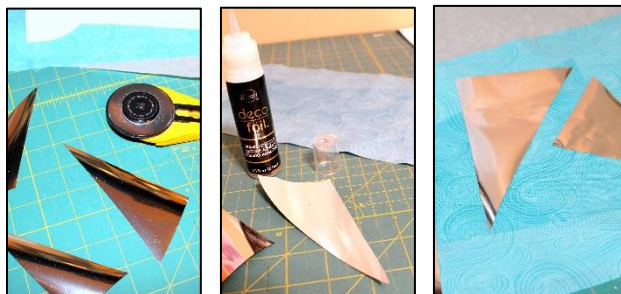
## Deco Foil Instructions:

Draw design on smooth side of iCraft® Deco Foil™ Hot Melt Adhesive and cut out pieces (or use cutting machine.)

Remove paper backing and position on right side of fabric. Iron to fabric following manufacturer's directions. Let cool.



Randomly cut desired color(s) of iCraft® Deco Foil™ into pieces or design and position on top of adhesive. \*Tip: Use a very small dab of iCraft® Deco Foil™ Liquid Adhesive to hold smaller foil pieces in place on top of adhesive. It is okay if the foil overlaps the adhesive...you'll peel that off after ironing.

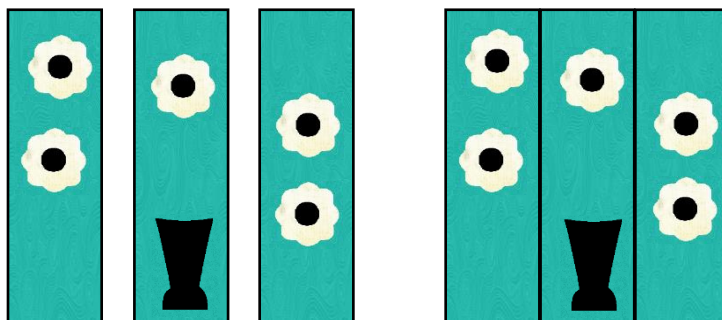


Position larger piece of foil over the layer of smaller foil pieces. Press with iron following iCraft® Deco Foil™ directions.

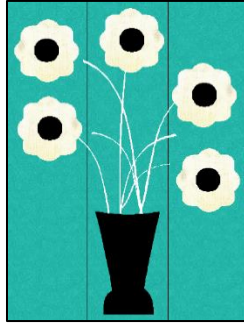


If using a laminator, place fabric and foil between parchment paper and run through laminator following your machine's directions. It's important to let it cool completely. Rub foiled area gently with soft cloth to loosen the foil. Tip: A piece of cardstock between back fabric and parchment paper will help to stabilize it when it goes through the laminator.

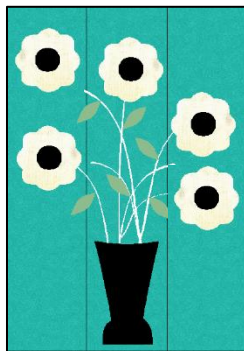
**Step 2:** Sew  $7\frac{1}{2}$ " x  $30\frac{1}{2}$ " fabric strips together. Press seams to the right. **Be VERY careful not to let the iron touch the foil!**



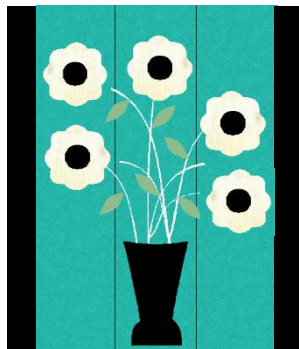
**Step 3:** Machine or hand embroider stem lines. You can add more stem lines if desired.



**Step 4:** Applique leaves following the applique instructions above.

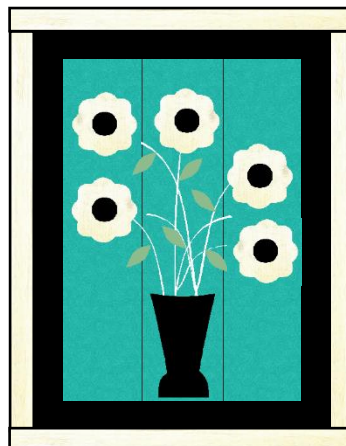
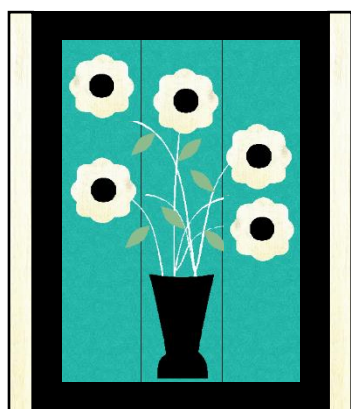


**Step 5:** Sew Border A strips,  $2\frac{1}{2}$ " x  $30\frac{1}{2}$ ", to sides of sewn pieces; press seams towards borders. Sew Border A strips,  $2\frac{1}{2}$ " x  $25\frac{1}{2}$ ", to top and bottom; press seams towards borders. **Be VERY careful not to let the iron touch foil!**





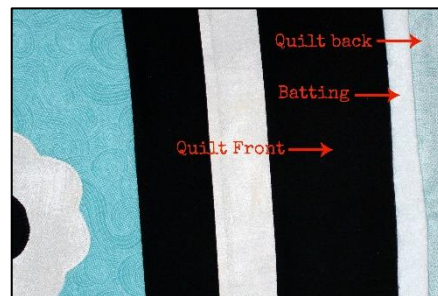
**Step 6:** Sew Border B strips, 2" x 34½", to sides of sewn pieces; press seams towards borders. Sew Border B strips, 2" x 28½", to top and bottom; press seams towards borders.



**Step 7:** Sew Border C strips, 3" x 37½", to sides of sewn pieces; press seams towards borders. Sew Border C strips, 3" x 33½", to top and bottom; press seams towards borders.



**Step 8:** Quilt backing--this is an easy way to prepare a quilt for quilting. Protect the area where you will be working by placing an old sheet or paper under and around the area you'll be spraying. Place the quilt backing wrong side up on your working surface. Using the Spray N Bond Adhesive, spray about 6-8 inches across the top portion on the wrong side of fabric from one edge to the other. Place batting on top of the wrong side of quilt back over the sprayed surface. Smooth fleece/batting to ensure it adheres to the sprayed fabric. Continue this method of spraying and smoothing just 6-8 inches at a time until you reach the bottom of the quilt



back. Check for creases or folds. Add quilt front to quilt back using the same spray and smooth method as the backing. Trim edges and square-up quilt. Quilt as desired.

**Step 9:** Bind edges using your favorite method.

