

Creatin' in the Sticks



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Cozy Pillow Cover
Patchwork and applique for a comfy cozy pillow



Unfinished Size: 10 1/2" X 16 1/2" Finished Size: 10" X 16"

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please read through the complete instructions before starting.

Supplies:

Print the FREE PDF pattern

[HeatnBond EZ Print Lite](#) iron on adhesive – 1 sheet
StitchnSew Sew-In fleece, High Loft – 11” x 17”
SpraynBond basting adhesive

Fabric: Art Gallery Fabrics “[Merry & Bright](#)” collective by AGF Studio
1/4 yard of white: “From Within Sparkler”
1/4 yard of teal: “Pixie Dust Spark”
1/2 yard of red: “Compassion Ruby”

Other Fabric: muslin or other fabric that will not be seen 11” x 17”

Other Supplies:

Aurifil thread - 50 wt. (#2311 and #2692), inkjet printer, iron surface, iron – I love my Oliso Pro,
1 pillow form sized 10” x 16”, and basic sewing supplies.
Optional: Aurifil floss #5004 for the mitten string

Fabric cutting instructions:

(it is helpful to label pieces)

From the white cotton fabric:

1 rectangle 4 ½” x 10 ½” for the letter O
1 rectangle 4 ½” x 5 ½” for the letter Y
1 rectangle 3” x 5 ½” for the letter Y

Cut from the teal cotton fabric:

2 strips 2 ¼” x width of fabric for the binding (cut first)
1 rectangle 2 ½” x 5 ½” for the letter C
4 squares 1 ½” for the letter O
2 squares 3 ½” for the letter Z
2 squares 1 ¼” for the letter Y
2 rectangles 1 ¼” x 5 ½” for the letter Y
Mitten appliques (instructions below)

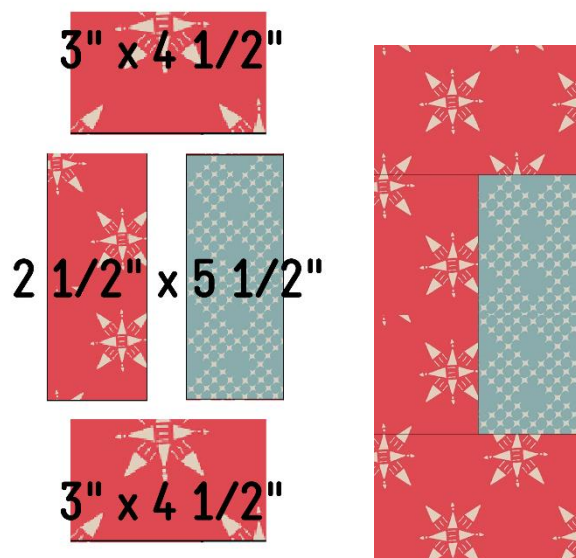
From the red cotton fabric:

2 squares 10 ½” x 10 ½” for the pillow cover back
2 rectangles 3” x 4 ½” for the letter C
1 rectangle 2 ½” x 5 ½” for the letter C
2 rectangles 3” x 4 ½” for the letter Z
1 rectangle 4 ½” x 5 ½” for the letter Z
Mitten cuff appliques (instructions below)

Cozy Pillow Cover Instructions:

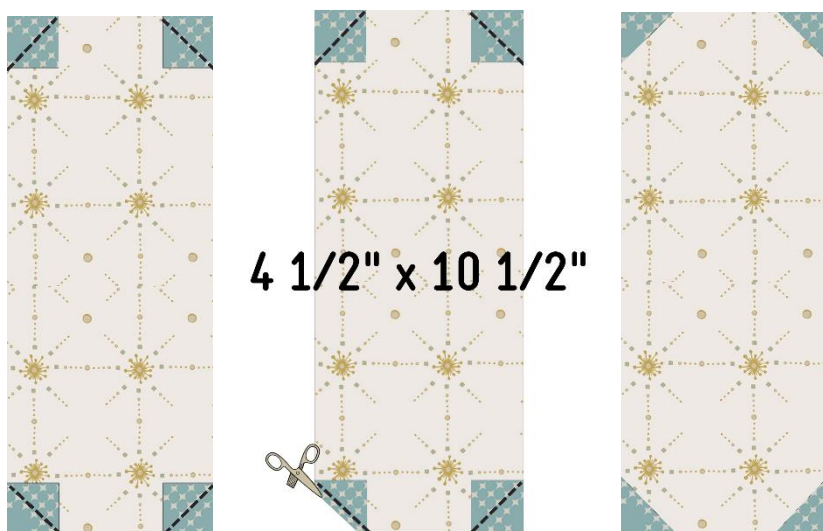
All seams are stitched with $\frac{1}{4}$ " seams unless otherwise stated.

Step 1: Construct the letter C quilt block



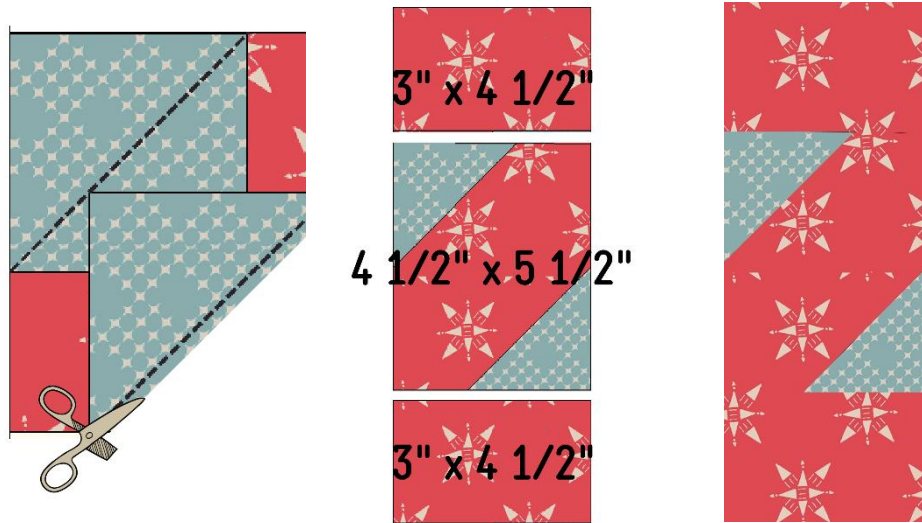
The first step is to stitch the $2\frac{1}{2}$ " x $5\frac{1}{2}$ " rectangles together with right sides together as laid out in the diagram. Next stitch the red 3 " x $4\frac{1}{2}$ " rectangles to the top and bottom. Press and set the C block aside. The block is $4\frac{1}{2}$ " x $10\frac{1}{2}$ ".

Step 2: Construct the letter O quilt block



First, draw a diagonal line in the center of each of the four $1\frac{1}{2}$ " teal squares on the wrong side of the fabric. The next step is to place each of the squares in the corners of the $4\frac{1}{2}$ " x $10\frac{1}{2}$ " white rectangle right sides together. Stitch on the drawn lines, trim the corners $\frac{1}{4}$ " from the stitching, and press the corners. The block is $4\frac{1}{2}$ " x $10\frac{1}{2}$ ". Set the O block aside.

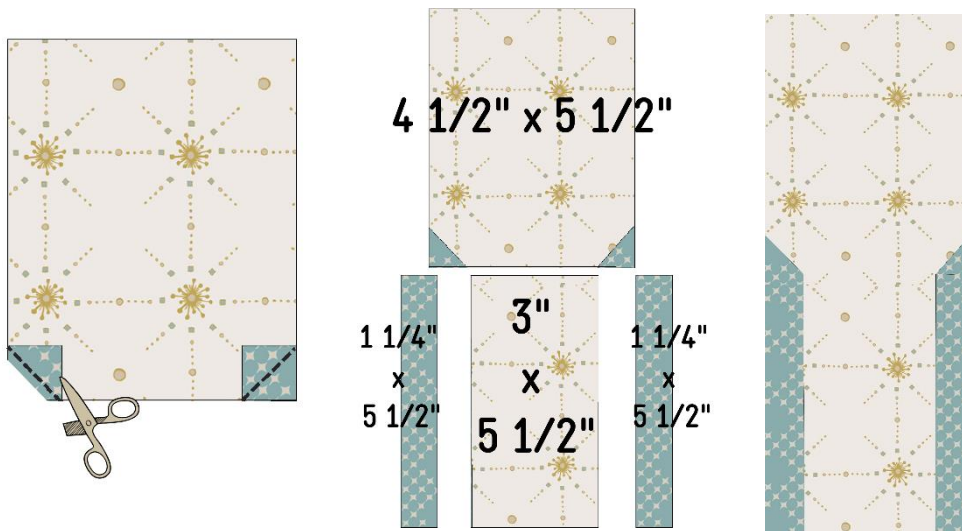
Step 3: Construct the letter Z quilt block



To begin, draw a diagonal line in the center of each of the two $3\frac{1}{2}$ " teal squares on the wrong side of the fabric. Place the squares right side down as shown onto the red $4\frac{1}{2}$ " x $5\frac{1}{2}$ " rectangle and stitch on the drawn line.

Trim the corners off $\frac{1}{4}$ " from the stitching and press. Once the middle rectangle is prepared, stitch the 3 " x $4\frac{1}{2}$ " rectangles to the top and bottom. Press the Z quilt block and set aside. The block is $4\frac{1}{2}$ " x $10\frac{1}{2}$ ".

Step 4: Construct the letter Y quilt block



For the first step to make the Y quilt block draw a diagonal line in the center of each of the two $1\frac{1}{4}$ " teal squares on the wrong side of the fabric. Place the squares right side down as shown onto the white $4\frac{1}{2}$ " x $5\frac{1}{2}$ " rectangle and stitch on the drawn line. Trim the corners off $\frac{1}{4}$ " from the stitching and press.

Stitch the $1\frac{1}{4}$ " x $5\frac{1}{2}$ " teal rectangles to the white 3 " x $5\frac{1}{2}$ " rectangle as shown and press.

Finally, with right sides together, sew the bottom unit to the top unit and press. The block is $4\frac{1}{2}$ " x $10\frac{1}{2}$ ".

Step 5: HeatnBond Lite Mittens

Applique the mittens onto quilt blocks O and Y. Print the templates (already reversed for you) with a HeatnBond EZ Print Lite sheet following the package instructions. The applique pieces are on the last page of this pattern. Fuse the HeatnBond EZ Print to the wrong side of the teal and red fabrics. Cut out the mitten and cuff templates, peel off the backing paper, place the pieces on the letter blocks using the key as a guide, and bond the pieces following the package instructions.

NOTE: leave space at the top of the Y block for ¼" seam allowance.

Step 6: Construct and quilt the pillow top

Stitch the letter quilt blocks right sides together to form the word, "cozy", with ¼" seams to form the pillow top. The pillow top should measure 10 ½" x 16 ½". Using SpraynBond Basting Adhesive, sandwich the StitchnSew fleece between the backing (11" x 17" muslin) and the "cozy" pillow top.

The first step is to protect the work surface then lay the muslin right side down. Place the fleece on top of the muslin.

Fold half of the fleece over and spray the back with the basting spray. Lay the fleece back on the fabric and smooth the fleece with hands. Next, fold the other side over, spray and smooth back over the fabric.

Center the pillow top, right side up, on top of the fleece. Fold one side over and spray the wrong side with SpraynBond Basting Adhesive. Fold back over the fleece and smooth. Repeat the process on the other half of the pillow top. Quilt the pillow top by stitching around the applique pieces with a straight stitch 2 or 3 times with Aurifil 50 wt. thread.

Quilt the rest of the "cozy" top as desired. Machine stitch or embroider the mitten string as desired.

Use the picture as a guide to draw the mitten string.

Finish the pillow top by trimming the excess fleece and backing even with the "cozy" quilt pillow top.

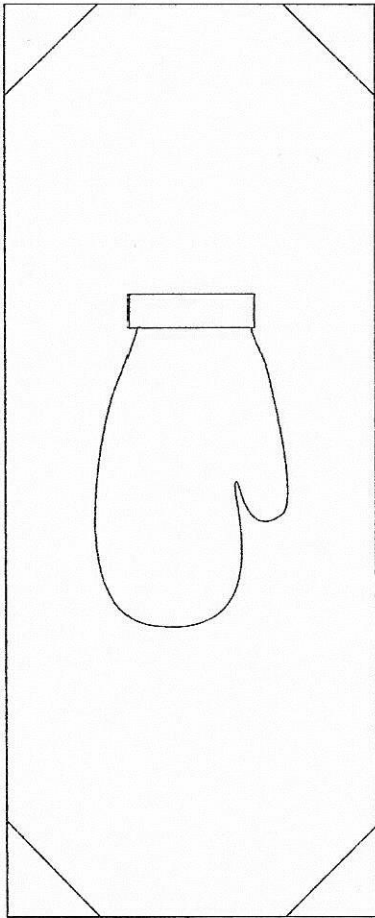
Step 7: Finish the Cozy Pillow Cover

Hem one of the ends of both 10 ½" x 10 ½" red pillow backing pieces by turning under ½" and pressing and then turn under again, press, and stitch close to the edge. Lay one of the hemmed pieces right side up on the back of the pillow top with the hem in the center.

Overlap the other piece over the first and pin. Bast 1/8" from the edge all around the pillow cover. Apply the binding using your favorite method.

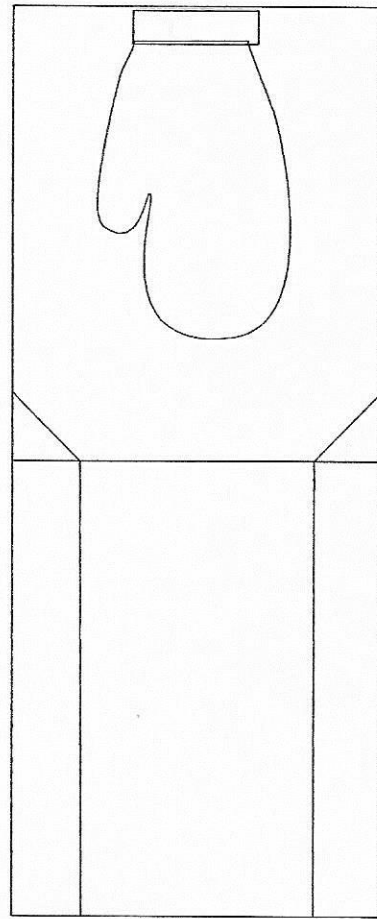
Find more process pictures online at:
<http://blog.thermoweb.com/category/designer/carla-henton/>

Quilt block O



Key for template placement

Quilt block Y



Cozy Applique Templates

